

# remove loneliness

Sunday, May 5, 2019  
AM Worship Service  
Pastor Brent D Armstrong

**Text Passage:** Isaiah 41:10

Sociologists tell us that the most common emotional pain in our society is \_\_\_\_\_.

We do need each other.  
God's made us to need each other.  
We need people.  
We do not need to be alone.

⌚ **Ecclesiastes 4:9**

God hates loneliness. He has provided three resources or remedies to reduce the pain of loneliness:

1. His plan to live for
2. His people to live with
3. His presence to live in

⌚ **Psalms 139:7; Hebrews 13:5**

**EXPERIENCE #1: GOD IS MY SUPPORT** \_\_\_\_\_.

There is a difference between being alone and being lonely. If God is with you and you sense His presence, you may be \_\_\_\_\_ but you will never be \_\_\_\_\_.

If everybody in my life walks out on me, God is \_\_\_\_\_ going to walk out on me.

**EXPEREINCE #2: GOD IS MY STRESS \_\_\_\_\_.**

⌚ Psalm 4:8; Psalm 31:20

**EXPEREINCE #3: GOD IS MY SILENT \_\_\_\_\_.**

⌚ Psalm 16:8-9

When you are alone, you have two choices:

1. Focus on your loneliness and have a pity party
2. Focus on the fact that God has never left you and that He is with you

**It is your choice to rejoice, or not!**

⌚ Psalm 16:11; Psalm 34:18

**EXPEREINCE #4: GOD IS MY STRUGGLE \_\_\_\_\_.**

⌚ Isaiah 43:2; Psalm 118:5-9

**CONCLUSION:**

Loneliness is a choice! You can remove the pain of loneliness in your life if you will take advantage of the resources God has offered you.

- Take the \_\_\_\_\_ - stop building walls and start building bridges
- Develop a daily time with \_\_\_\_\_ - get to know God



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